THE YOUNG WOMAN's MONITOR;

SHEWING THE

GREAT HAPPINESS

OF

EARLY PIETY,

AND THE

DREADFUL CONSEQUENCES

OF FORSAKING THE

PATH OF VIRTUE.

THE SECOND EDITION.

LONDON:

PRINTED FOR J. F. AND C. RIVINGTON,

N° 62, ST. PAUL'S CHURCH-YARD.

MDCCLXXXVII.

THE

YOUNG WOMAN's MONITOR.

YOU are now arrived at that time of Life, in which your Friends and Relations may expect you to maintain yourſelf by Diligence and Induſtry. The Care that has been taken to train you up in the Fear of God and his moſt holy Religion, is the Ground upon which they raiſe the moſt favourable Expectations of your future Conduct. Your Infant Years were attended with many Cares; the Time to come will be accompanied with many Fears, leſt your future Behaviour may not be ſuch as becometh the Goſpel of Chriſt, and the Expectations of your Friends end in Diſappointment.

As young Perſons too often meet with great Temptations to leave the Path of Virtue, at their firſt ſetting out in the World,

it is of great Importance to preſerve their Character and Reputation unblemiſhed, to convince them how happy it will be for them to live as their Chriſtian Vows require they ſhould live. This will inſure GOD's Bleſſing upon them whilſt on Earth, and complete their Happineſs after Death.

It is, therefore, the ſole Deſign of this little Tract to ſhew young Women, what ſolid Comfort and true Honour they may attain by beginning their Life well, by dedicating their firſt Years to GOD, and by continuing in the Path of Virtue, and in the Diſcharge of all religious Duties. If you, through the Grace and Bleſſing of GOD, preſerve your youthful Tenderneſs and Modeſty, and ſtrengthen your Mind by the true Love and Fear of GOD; as you advance in Years, your Inclination to Piety and Virtue will increaſe. You will thereby prevent the horrid Effects of thoſe Sins, which young Women fall into, when they forſake the Path of Virtue; which many bitterly lament, when their Character is loſt; and all others regret with Horror when they come to leave a wretched Life, and are entering upon an Eternity of extreme Miſery. Your Want of Experience muſt occaſion many painful Thoughts to

your anxious Parents and Friends; however, they hope your Prudence will induce you to learn at the Coſt of others, who have been betrayed into a Courſe of Wickedneſs, which has proved fatal, and brought them to Deſtruction both of Body and Soul. Thoſe wretched Creatures you ſee in the Streets, who have loſt all Senſe of Virtue and Modeſty, may convince you, that the *Fear of* God *is the Beginning of Wiſdom*; that the Paths of Religion are the only ſecure Paths of Peace, and lead to eternal Happineſs. Young Women who ſet out well, and gain the good Word of every one who know them, ſhine as Lights in the World. Divine Providence is ever watchful over them, delivering them out of all Temptations, and guarding their unexperienced Years from all Attempts of the Devil's Inſtruments: I mean thoſe villainous Men whoſe Minds are ſet upon their Ruin. Hearken not I charge you to the Oaths, Promiſes, or fair Speeches of theſe Seducers. Let not the gay and gaudy Appearance of young Women who have left the Path of Virtue, encourage you to follow their wretched Example. You know not the Uneaſineſs of Mind and Stings of Conſcience they experience, and the Apprehenſions they have of ſoon becoming

deteſtable Objects even to thoſe by whom they were ruined. Let it be your Object upon firſt going out in the World to endeavour to procure a private religious Family, and if you ſhall be ſo happy as to get fixed in ſuch a Family, let not any Proſpect of Advance in Wages induce you to change, till you have very ſeriouſly conſidered the Inconveniencies that may attend that Change. The longer you continue in a Place the greater Character you will obtain, of being a ſteady uſeful Perſon. Young Women are expoſed to many Temptations in large Families, where there are many idle uſeleſs Servants, kept for Pomp, Pride, and Shew.

As to your religious Deportment, never omit your Morning and Evening Prayers, and when upon your Knees keep your Mind intent upon Almighty God to whom you pray. Be as conſtant in repeating and ſinging your Morning and Evening Hymns. Get by heart ſeveral Pſalms and Divine Songs, and let it be your daily Practice to ſing them when at your Work: this will tend to ſpiritualize your Affections, will give you a Reliſh for divine Things, and root out the very hurtful Inclination many young Women have to ſinging of fooliſh

Songs,

Songs, tending to corrupt the Mind, and give it a wrong Turn. If you ſhould be ſituated where you may have Opportunity of attending Family Prayers, be thankful to GOD for it, and by your conſtant and ready Attendance, ſhew that you eſteem it a Bleſſing. Let it be the Delight of your Life to attend, as often as you poſſibly can, Divine Worſhip in your Pariſh Church, and be not backward to aſk Leave for that Purpoſe. You ſhould always conſider that GOD's Eye is continually upon you, that no Darkneſs or Privacy can hinder him from being a concerned Spectator, but more eſpecially in his Place of Divine Worſhip; therefore, let your Behaviour there be grave, ſerious, and devout, and take care to be preſent before Service begins. Having been confirmed, and at that Time in the Preſence of GOD taken upon you to perform the three Things promiſed in your Name, when you were baptized; that is to renounce the Devil and all his Works; to believe the Articles of the Chriſtian Faith, and to keep GOD's Commandments, you are required by your Chriſtian Profeſſion to omit no Opportunities of coming to the Holy Sacrament of the Lord's Supper. You are exhorted not

to give Way to the Suggeſtions of our ſpiritual Enemy, by pleading that you are too young to frequent that holy Ordinance.

The Devil would keep us all from doing our Duty to GOD if he could, it is his continual Employment; but do you reſolve to be GOD's Servant, and then you will enjoy perfect Freedom of Mind in this Life, and endleſs Felicity in the next. You are of Age to judge and act for yourſelf, and not only to diſcern Good and Evil, but to apprehend the great Doctrines of Chriſtianity, particularly of JESUS CHRIST being the Saviour of Sinners, and only Mediator between GOD and Man, in memory of whom, and with a Deſign more effectually to engage his Diſciples to love, imitate, and obey him, this holy Sacrament was inſtituted. This holy Ordinance is intended to promote a Spirit of Piety, and the Practice of all Goodneſs in the Communicants. Theſe Things Perſons of your Years with a little ſerious Reflection may eaſily underſtand. You will ſoon find the Advantages and Pleaſure of a conſtant Performance of all religious Duties in a greater Compoſure of your Paſſions, a more exact Regularity in your Converſation, a better Diſpoſition of Mind, more Seriouſneſs,

Pru-

Prudence, and Succeſs, by the Bleſſing of God in the common Affairs of Life.

With regard to the Duties of the Station you are going to engage in, the Apoſtles Saint *Paul* and Saint *Peter* give you plain and clear Directions in the following Places in their Epiſtles, *Col.* iii. 22, 23, 24, 25.—*Tit.* ii. 9.—1 *Pet.* ii. 18.—There you are commanded to ſerve, not with *Eye-ſervice, but as fearing God*, who will reward your Fidelity, Honeſty, and Induſtry. *Whatſoever ye do*, in the Way of Duty as a Servant, *do it heartily*, as to the Lord, and not unto Men; *knowing that of the Lord ye ſhall receive the Reward of Inheritance, for ye ſerve the Lord Chriſt. But he that doeth Wrong, ſhall receive for the Wrong he hath done; and there is no Reſpect of Perſons. Servants, be ſubject to your Maſters, with all Fear, not only to the Good and Gentle, but alſo to the Froward.* Theſe are the Words of Scripture, and they afford you great Encouragement to do your Duty, though your Employers ſhould be froward and peeviſh, and not eaſy to pleaſe; for the Lord Chriſt takes Notice of you, through whoſe Merits and Interceſſions your faithful Services will be rewarded with a Place at God's Right Hand in the Kingdom of

Heaven. Young Women going to Service are too often afraid of hard Work, and of being obliged to riſe early, not having been accuſtomed to it at Home; but do you ſtay in your Place, till you have put on a Habit of Induſtry, and then every thing will appear pleaſant and eaſy. Let nothing be loſt or waſted through Negligence, or want of Care, but be as attentive to preſerve the Property of your Employers as if it were your own. Make not the Affairs of the Family you belong to, the Subject of your Diſcourſe among your Acquaintance. According to the Apoſtle, the great Ornament of your Sex is a *meek and quiet Spirit, which is in the Sight of* GOD *of great Price.* Do you labour to attain this excellent Spirit, and your Behaviour will be ſuch as to engage the Eſteem of your Employers and all who know you. As good and virtuous Perſons have at Times experienced Lowneſs of Spirits, if it ſhould be your Caſe ſeek to GOD in Prayer for his Grace; but by no means have recourſe to ſpirituous Liquors, for that may draw you into a Habit of Drunkenneſs, which is a prevailing Vice of this Age in both Sexes. Let your Acquaintance be few, and they ſober and religious Perſons. Be neat and clean in your

Perſon

Perſon and Dreſs, this will appear reſpectful, and add much to your Character. You may ſometimes ſee a large Family extremely poor and diſtreſſed, and yet their ſmall Houſe will appear neat, and they and their Children clean and decent, and who never make the Want of Clothes an Excuſe for ſtaying from Church and from Sacrament. Such as theſe are true and ſincere Servants of Almighty GOD; they are faithful Diſciples of the bleſſed Jeſus, their preſent ſpiritual Comforts and future Proſpects are great, and infinitely exceed anything this World can offer. Therefore let me entreat you to follow ſuch good and bright Examples. Never let any Man form an Acquaintance with you who is not ſober and induſtrious, but above all religious. Be careful of your Money. Provide yourſelf with pious and religious Books. Let your Dreſs always be ſuch as becomes your Station. That you may not want neceſſary Helps for Devotion, the following Prayers, Hymns, and Pſalms are annexed, which you are deſired to get by heart.

Morning Prayer.

GLORY be to Thee, O God, who haſt brought me ſafe to the Beginning of another Day.

O God, the Father of Heaven, have mercy upon me, keep and defend me.

O God, the Son, Redeemer of the World, have mercy upon me, ſave and deliver me.

O God the Holy Ghoſt, have mercy upon me, help and comfort me.

ALMIGHTY and everlaſting God, who haſt ſafely brought me to the Beginning of this Day, defend me in the ſame with thy mighty Power. Incline my Heart to every thing that is good, that I may be modeſt and humble, honeſt and juſt, temperate and diligent. Grant that I may never murmur, be uneaſy or impatient, under any Troubles of this Life, but that my Mind may always be contented with my preſent Condition. I humbly recommend to thy fatherly Goodneſs all my Relations and Friends, and all ſick and afflicted Perſons, whether Friends or Enemies;

mies; may it pleaſe thy Divine Majeſty, to comfort and revive them, to give them Patience under all their Sufferings, and a happy Deliverance out of all their Afflictions. And this I beg for Jeſus Chriſt his ſake.

ALMIGHTY and everlaſting GOD, who haſt made all the People that are upon the Face of the Earth, and haſt a Love to every Soul whom thou haſt made; I beſeech thee to have Mercy upon all Jews, Turks, Indians, and Negroes; take from them all Ignorance and Hardneſs of Heart, and make them and us one Chriſtian Family, under one Maſter, Jeſus Chriſt our Lord.

OUR Father, which art in Heaven; Hallowed be thy Name. Thy Kingdom come. Thy will be done in Earth, as it is in Heaven. Give us this Day our daily Bread. And forgive us our Treſpaſſes, as we forgive them that treſpaſs againſt us. And lead us not into Temptation; But deliver us from Evil: For thine is the Kingdom, and the Power, and the Glory, for ever and ever. Amen.

MAY

MAY the Peace of GOD keep my Heart and Mind in the Knowledge and Love of GOD, and of his Son Jeſus Chriſt our Lord, and may the Bleſſing of GOD Almighty, Father, Son, and Holy Ghoſt, be with me now and for evermore. Amen.

EVENING PRAYER.

MERCIFUL and gracious GOD, I give thee humble Thanks for having brought me ſafe through another Day, and humbly beg thy gracious Protection this Night againſt all Temptations to Evil, and from all Perils and Dangers. Pardon, O GOD, what thou haſt ſeen amiſs in me the Day paſt, in Thought, Word, and Deed; and grant me thy Grace, that I may continue in all dutiful Obedience to thy Divine Majeſty all the Days of my Life. That I may die in Peace, and reſt in Hope, and riſe in Glory, through Jeſus Chriſt our Lord.

O LORD, and heavenly Father, I acknowlege thy great Goodneſs to me in ſparing me when I have deſerved Puniſhment,

niſhment, and ſetting before me the Happineſs of a better Life: Give me Grace that I may lead and end my Life in thy Faith and Fear, and to thy Glory, through Jeſus Chriſt our Lord.

O Almighty God, from whom no Darkneſs can hide us, and whoſe Eye is continually upon us, deliver me from all the Temptations I may be expoſed to, and preſerve me from all the Powers of the Enemy of Souls. I humbly pray for all my Fellow Creatures, and in particular for my Friends and Relations, that their various Wants may be relieved, and that we may be truly thankful for all thy great Bleſſings. Give me Grace, O Lord, to enable me to continue in the Path of Virtue and true Religion, that I may at Death be fitted to be made happy in thy Preſence, through the Merits and Interceſſions of our Lord and Saviour Jeſus Chriſt.

ALMIGHTY God, unto whom all Hearts be open, all Deſires known, and from whom no Secrets are hid; cleanſe the Thoughts of my Heart, by the Inſpiration of thy Holy Spirit; that I may perfectly

fectly love thee, and worthily magnify thy Holy Name, through Jesus Christ our Lord.

OUR Father, which art in Heaven; Hallowed be thy Name. Thy Kingdom come. Thy will be done in Earth, as it is in Heaven: Give us this Day our daily Bread; And forgive us our Trespasses, as we forgive them that trespass against us, And lead us not into Temptation; But deliver us from Evil: For thine is the Kingdom, and the Power, and the Glory, for ever and ever. Amen.

MAY the Peace of God keep my Heart and Mind in the Knowledge and Love of God, and of his Son Jesus Christ our Lord; and may the Blessing of God Almighty, Father, Son, and Holy Ghost, be with me now and for evermore. Amen.

A MORN-

A Morning Hymn.

Awake, my Soul, and with the Sun
Thy daily Stage of Duty run:
Shake off dull Sloth, and early riſe
To pay my Morning Sacrifice.

Redeem thy miſ-ſpent Time that's paſt,
Live this Day, as if 't were thy laſt:
T' improve thy Talents take due Care;
'Gainſt the great Day thyſelf prepare.

Let all thy Converſe be ſincere,
Thy Conſcience as the Noon-day clear;
Think how th' all-ſeeing God thy Way's
And all thy ſecret Thoughts ſurveys.

Wake, and lift up thyſelf, my Heart,
And with the Angels bear thy Part;
Who all Night long unwearied ſing,
Glory to th' eternal King.

Glory to thee, who ſafe haſt kept,
And haſt refreſh'd me whilſt I ſlept;
Grant, Lord, when I from Death ſhall wake,
I may of endleſs life partake.

Lord, I my Vows to thee renew;
Scatter my Sins as Morning Dew:
Guard my firſt Spring of Thought and Will,
And with thyſelf my Spirit fill.

Direct,

Direct, controul, ſuggeſt this Day,
All I deſign, or do, or ſay;
That all my Pow'rs, with all their Might,
In thy ſole Glory may unite.

Praiſe GOD from whom all Bleſſings flow:
Praiſe him all Creatures here below:
Praiſe him above, ye heavenly Hoſt:
Praiſe Father, Son, and Holy Ghoſt.

HYMN for the EVENING.

GLORY to Thee, my GOD, this Night,
For all the Bleſſings of the Light.
Keep me, O keep me, King of Kings,
Under thy own Almighty Wings.

Forgive me, Lord, for thy dear Son,
The Ills that I this Day have done,
That with the World, myſelf, and thee,
Before I ſleep at Peace may be.

Teach me to live, that I may dread
The Grave as little as my Bed;
Teach me to die, that ſo I may
Triumphing riſe at the laſt Day.

O may my Soul on thee repoſe;
And with ſweet Sleep mine Eyelids cloſe;

Sleep

Sleep that may me more lively make,
To ſerve my GOD when I awake.

When in the Night I ſleepleſs lie,
My Soul with heavenly Thoughts ſupply:
Let no ill Dreams diſturb my Reſt,
No Pow'rs of Darkneſs me moleſt.

Praiſe GOD, from whom all Bleſſings flow:
Praiſe him, all Creatures here below:
Praiſe him above, ye heavenly Hoſt:
Praiſe Father, Son, and Holy Ghoſt.

HYMN for the LORD'S DAY.

THIS is the Day, the Lord's own Day,
A Day of holy Reſt:
O teach our Souls to reſt from Sin;
That Reſt will pleaſe thee beſt.

This is the Day, thy Day, O Lord,
On which thou didſt ariſe;
For Sinners having made thyſelf
A ſinleſs Sacrifice.

Thou, thou alone, redeemed haſt
Our Souls from deadly Thrall;
With no leſs Price than thine own Blood,
The Purchaſe of us all.

Hadſt Thou not dy'd we had not liv'd,
But dy'd eternally.
We'll live to him that dy'd for us,
And praiſe his Name on high.

Thou, Lord, didſt die, and riſe again,
And didſt aſcend on high,
That we poor Sinners, loſt and dead,
Might live eternally.

Thy Blood was ſhed inſtead of ours;
Thy Soul our Guilt did bear;
Thou took'ſt our Sins, gav'ſt us thyſelf;
Thy Love's beyond Compare.

Welcome and dear unto my Soul
Is thy moſt holy Day:
May I th' eternal Sabbath keep
With God my Hope and Stay!

I come, I wait, I hear, I pray;
Thy Footſteps, Lord, I trace;
I joy to think this is the Way
To ſee my Saviour's Face.

Theſe are my Preparation-Days;
And when my Soul is dreſt,
Theſe Sabbaths ſhall deliver me
To mine eternal Reſt.

PSALM CXXXIX.

THOU, Lord, by ſtricteſt Search haſt known
My riſing up and lying down,
My ſecret Thoughts are known to thee,
Known long before conceiv'd by me.

Thine Eye my Bed and Path ſurveys,
My public Haunts, and private Ways;
Thou know'ſt what 'tis my Lips would vent,
My yet unutter'd Words Intent.

The Veil of Night is no Diſguiſe,
No Screen from thy all-ſearching Eyes:
Thro' Midnight Shades thou find'ſt thy Way
As in the blazing Noon of Day.

Search, try, O GOD, my Thoughts and Heart,
If Miſchief lurks in any Part;
Correct me where I go aſtray,
And guide me in thy perfect Way.

To Father, Son, and Holy Ghoſt,
the GOD whom we adore,
Be Glory as it was, is now,
and ſhall be evermore.

PSALM XLII.

AS pants the Hart for cooling Streams,
When heated in the Chace;
So longs my Soul, O GOD, for thee,
and thy refreſhing Grace.

For thee, my GOD, the living GOD,
my thirſty Soul doth pine;
O when ſhall I behold thy Face,
thou Majeſty divine!

Why reſtleſs, why caſt down, my Soul?
truſt GOD, and he'll employ
His Aid for thee, and change theſe Sighs
to thankful Hymns of Joy.

Why reſtleſs, why caſt down, my Soul;
hope ſtill, and thou ſhalt ſing
The Praiſe of him who is thy GOD,
thy Health's eternal Spring.

A ſhort PRAYER *at firſt coming into Church.*

LORD, I am now in thy Houſe: aſſiſt, I pray thee, and accept of my Services. Let thy holy Spirit help my Infirmities, diſpoſing my Heart to Serioufneſs, Attention, and Devotion; to the Honour of thy holy Name, and the Benefit of my Soul, through Jeſus Chriſt our Saviour. *Amen.*

A PRAYER *when going out of Church.*

BLESSED be thy Name, O Lord, for this Opportunity of attending thee in thy Houſe and Service. Make me, I pray thee, a Doer of thy Word, not a Hearer only. Accept both us and our Services, through our only Mediator Jeſus Chriſt. *Amen.*

Grace before Meat.

SANCTIFY, O Lord, we beſeech thee, theſe thy good Creatures to our Uſe, and us to thy Service, through Jeſus Chriſt our Lord. *Amen.*

Grace after Meat.

BLESSED and praiſed be thy holy Name, O Lord, for theſe and all thy other Bleſſings beſtowed upon us, through Jeſus Chriſt our Lord. *Amen.*

Praiſe

Praiſe for Redemption.

BLEST be the Wiſdom and the Pow'r
The Juſtice and the Grace,
That join'd in Council to reſtore
And ſave our ruin'd Race.

Our Father eat forbidden Fruit,
And from his Glory fell;
And We his Children thus were brought
To Death, and near to Hell.

Bleſs'd be the Lord that ſent his Son
To take our Fleſh and Blood,
He for our Lives gave up his own,
To make our Peace with God.

He honour'd all his Father's Laws,
Which we have diſobey'd;
He bore our Sins upon the Croſs,
And our full Ranſom paid.

Behold Him riſing from the Grave,
Behold Him rais'd on high;
He pleads his Merit there to ſave
Tranſgreſſors doom'd to die.

There on a glorious Throne He reigns,
And by his Pow'r divine
Redeems us from the ſlaviſh Chains
Of Satan and of Sin.

Thence ſhall the Lord to Judgment come,
And with a ſov'reign Voice
Shall call, and break up ev'ry Tomb
While waking Saints rejoice.

O may I then with Joy appear
Before the Judge's Face,
And with the bleſs'd Aſſembly there
Sing his redeeming Grace.

FINIS.

245425